



DSC Ice Étiquette Guidelines

For Skaters, Parents, and Coaches

The DSC Etiquette Guidelines ensure the safety of all skaters and coaches during our sessions.

Due to insurance requirements, only registered Skate Canada members are permitted on the ice, except in a medical emergency.

Skaters:

- Are permitted on the ice only when a coach or Skate Canada registered adult, age 18 and over, is present in the arena.
- Will not step on the ice until Zamboni door is closed.
- Must only skate on sessions levels they are qualified for.
- Are always expected to be moving/training when on the ice.
- Are **required** to inform their coach whenever they leave the ice.
- Must always look both ways when leaving the boards and in the direction of travel.
- Must get up immediately if they fall unless injured. Skaters must keep their eye up and watch for other skaters.
- Must practice safely. Generally, jumps are to be practiced on jump patterns and at the ends of the rink with spins in the middle of the ice surface.
- Must wear appropriate skating/athletic attire for all on ice and off ice sessions.
- Must have their hair pulled back from the face at all times. Hair elastics and/or athletic headbands are acceptable.
- Must put their skates on in their designated area.

Ice Session by Discipline:

- Senior – Freeskate, Competitive Dance and Pair Teams, Skating Skills, and Dance are permitted on all sessions. **No dance partnering permitted** on any Senior Session.
- Intermediate A U15 – Freeskate, Competitive Dance and Pair Teams, Skating Skills, and Dance are permitted on all sessions. **Partnering is permitted if the session volume safely allows.**
- Intermediate B U12 – All disciplines. Partnering permitted.
- Intermediate AllSTAR – All disciplines. Partnering permitted.
- Junior/Junior Prep – All disciplines. Partnering permitted.
- Morning Ice/Open – All disciplines. Partnering permitted.
- Day Ice Freeskate – Competitive Dance and Pair Teams, Skating Skills, and Dance are permitted on all sessions. **Partnering is permitted if the session volume safely allows.**



Right of Way on the Ice:

1. Skater in Harness
2. Dance/Pair Teams
3. Partnering with music.
4. Skater in lesson with music
5. Skater with program music on
6. Skater in a lesson

Skaters skating to music and/or in a lesson should let other skaters know they are approaching and say "EXCUSE ME" in a polite, strong voice.

All skaters are to keep moving and be aware of their surroundings and fellow athletes.

Music Playing:

Skaters' music is played through the Club iPod (CD player is not available).

In times of high demand, order of music play is written on the plexiglass using dry erase marker. A coach can only play one program at a time. Only 3 coach request programs can be played before a skater in line (outside of a lesson) is prioritized for play. No restarts of music are permitted by skaters.

General Etiquette

- Skaters should always be courteous to other skaters, coaches, officials, parents, rink employees, and visitors. Expect the same in return.
- Respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background, or religion.
- No food or gum is permitted on the ice. Plastic or aluminium water bottles are acceptable.
- Show consideration for coaches and other skaters in lessons during a session. A private lesson should not be interrupted unless there is an emergency.
- Spectators/parents of skaters are encouraged to watch quietly from the viewing areas and to refrain from (interrupting) conversing with or offering directions to the skaters on the ice. Interruptions of a skater's participation on the ice will result in the skater being sent off the ice for the session.
- Skaters and coaches must remove all items (music, sweaters, gloves, tissues, etc.) from the boards at the end of each session.
- No chasing, following, or pushing of any kind is permitted.
- Inappropriate, disruptive, profane, or abusive behaviour, language, gestures, or actions will not be tolerated from anyone, on ice, off ice and/or at skating competitions and events.