



2023-2024 Intermediate AllSTAR Schedule

(Mon August 28, 2023 – Thurs May 16, 2024)

Session	Day	Ice Time	Location	Description/Details
M1	Monday	1:00-2:00 pm	Confed Arena (11204-43 Ave)	Day Ice (Juv U12-Senior/Star 6+)
M2	Monday	2:15-3:15 pm	Confed Arena	Day Ice (Juv U12-Senior/Star 6+)
M6	Monday	6:45-7:45 pm	Confed Arena	IntSTAR Freeskate

T1	Tuesday	6:15-7:45 am	Confed Arena	Open Ice – Star 3+
T2	Tuesday	1:00-2:00 pm	Confed Arena	Day Ice (Juv U12-Senior/Star 6+)
T3	Tuesday	2:15-3:15 pm	Confed Arena	Day Ice (Juv U12-Senior/Star 6+)

W1	Wednesday	1:00-2:15 pm	Meadows West (2704-17 St)	Day Ice (Juv U12-Senior/Star 6+)
W2	Wednesday	2:30-3:30 pm	Meadows Arena West	Day Ice (Juv U12-Senior/Star 6+)
W6	Wednesday	2:15-3:15 pm	Meadows Arena East	Day Ice (Juv U10/Star 2-6)
W8a	Wednesday	5:00-6:15 pm	Meadows Arena East	Boyz Zone & Edge Class

R1	Thursday	6:15-7:45 am	Confed Arena	Open Ice – Star 6+
R2	Thursday	1:00-2:00 pm	Confed Arena	Day Ice (Juv U12-Senior/Star 6+)
R3	Thursday	2:15-3:15 pm	Confed Arena	Day Ice (Juv U12-Senior/Star 6+)
R4	Thursday	3:15-4:00 pm	Confed Arena B	Open Ice – Star 3+
R5	Thursday	2:30-3:30 pm	Kinsmen Arena B (1979-111 St)	Open Ice – Star 3+

F1	Friday	6:15-7:45 am	Confed Arena	Open Ice – Star 3+
F2	Friday	1:00-2:00 pm	Confed Arena	Day Ice (Juv U12-Senior/Star 6+)
F3	Friday	2:15-3:15 pm	Confed Arena	Day Ice (Juv U12-Senior/Star 6+)

Sa3	Saturday	8:45-9:30 am	Confed Arena	IntSTAR Freeskate
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- **Intermediate AllSTAR 12+ Skaters (IntSTAR):** STARSkate Pathway - Star 3-Gold. Intermediate AllSTAR skaters are 12 years+ as of July 1, 2023.
- **Intermediate AllSTAR skaters may choose a flexible schedule, with no minimum number of skating days required.** Skaters MUST meet the session qualifiers in the Description/Details to be on the sessions they register in.
- **All skaters should discuss their skating schedule intentions with their coach before registering.**
- All schedules are subject to change.
- Final skater level assignment will be made at the discretion of the Skating Director.

OFF ICE:

Monday Jump (Confed)	Mon Dance (Confed)	Friday Yoga (Confed)	Sat Fitness (Confed)
5:00-5:30 pm	5:45-6:30 pm	5:20-6:05 pm	8:00-8:45 am, 9:45-10:30 am (choose one)