

## **2023-2024 Junior Prep Schedule**

(Mon August 28, 2023 – Thurs May 16, 2024)

Session	Day	Ice Time	Location	Description/Details
Т6а	Tuesday	5:00-5:30 pm	Confed Arena (11204-43 Ave)	Off Ice
		5:45-6:45 pm		On Ice
W5a	Wednesday	5:45-6:45 pm	Meadows West (2704-17 St)	On Ice
		6:50-7:20pm		Off Ice
F7a	Friday	5:45-6:15 pm	Confed Arena	Off Ice
		6:30-7:30 pm		On Ice
Sa2	Saturday	8:00-8:45 am	Confed Arena	On Ice – Star 1-3 Seminar
		9:00-9:45 am		Off Ice Fitness

- **Junior Prep Skaters**: STARSkate Pathway Star 1-3. JrPrep skaters are 9 years old or younger as of July 1, 2023.
- Junior Prep skaters must select a minimum of three skating days per week.
- All schedules are subject to change.
- Final skater level assignment will be made at the discretion of the Skating Director.