

2023-2024 Junior Schedule

(Mon August 28, 2023 – Thurs May 16, 2024)

Session	Day	Ice Time	Location	Description/Details
Т6	Tuesday	5:00-5:30 pm	Confed Arena (11204-43 Ave)	Off Ice
		5:45-6:45 pm		On Ice & Stroking
W5	Wednesday	5:45-6:45 pm	Meadows West (2704-17 St)	On Ice
		6:50-7:20pm		Off Ice & Theatre Class
F7	Friday	5:45-6:15 pm	Confed Arena	Off Ice
		6:30-7:30 pm		On Ice & Stroking
Sa2	Saturday	8:00-8:45 am	Confed Arena	On Ice – Star 1-3 Seminar
		9:00-9:45 am		Off Ice Fitness

- Junior Skaters: STARSkate Pathway Star 1-3. Junior skaters are 11 years old or younger as of July 1, 2023.
- Junior skaters must select a minimum of three skating days per week.
- All skaters should discuss their skating schedule intentions with their coach before registering.
- All schedules are subject to change.
- Final skater level assignment will be made at the discretion of the Skating Director.