



INTRODUCTORY FIGURE SKATING ACADEMY (IFSA)

Winter 2024 PROGRAM SCHEDULE

This class is designed for skaters between the ages of 4 and 8 (boys aged 9) that show a natural affinity for figure skating. With a curriculum aimed at developing solid fundamentals in a fun, progressive and sequential manner, skaters are prepared for entrance into Skate Canada's STARSkate or Competitive Skate Programs. Our coaches introduce figure skating specific skills to include edges and turns, beginning jumps and spins, performance, and off ice training.

Skaters **must** choose to skate **2 days per week** at minimum. A third skating day is recommended for accelerated progress.

****Skater must be 8 years old or younger (boys 9) as of July 1, 2023**

IFSA Skating Days:

Includes: 30 minutes off ice class, 45 small group lessons on ice

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|-----------------------|---|--|---|----------|
| Wednesday IFSA | Wednesday – Meadows Arena (2704-17 Street) | 6:00-6:45 pm On-ice 6:50-7:20 pm Off-ice | January 10 – April 24, 2024 (15w) *OMIT Wed March 27 | \$322.50 |
| Thursday IFSA | Thursday - Kinsmen Twin (1979-111 Street) | 5:00 -5:45 pm On-ice 5:50-6:20 pm Off-ice | January 11 – April 25, 2024 (14w) *OMIT Thurs Feb 15 & March 28 | \$301 |
| Saturday IFSA | Saturday – Confed Arena (11204-43 Avenue) | 9:30-10:00am Off-ice 10:15-11:00am On-ice | January 13 – April 27, 2024 (15w) *OMIT Sat March 30 | \$322.50 |
| Sunday IFSA | Sunday – Confed Arena (11204-43 Avenue) | 11:45-12:15pm Off-ice 12:30-1:15pm On-ice | January 14 – April 28, 2024 (15w) *OMIT Sun March 31 | \$322.50 |

*** IFSA Packages are pre-built as the following:**

- Wednesday/Saturday - \$645.00
- Wednesday/Sunday - \$645.00
- Thursday/Saturday - \$623.50
- Thursday/Sunday - \$623.50

You can add on a third individual day to any package.