



DSC Figure Skating, Summer 1 (4 weeks)

June 3-June 28, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday Off Ice
Apr 23/24	CONFED	CONFED	CONFED	CONFED	CONFED		CONFED
1:00-1:15pm	Day Ice / Pairs & Dance Teams 1:00-2:00 pm	Day Ice / Pairs & Dance Teams 1:00-2:00 pm	Day Ice / Pairs & Dance Teams 1:00-2:00 pm	Day Ice / Pairs & Dance Teams 1:00-2:00 pm	Day Ice / Pairs & Dance Teams 1:00-2:00 pm	9:00-9:15am	Off Ice training is included for all skaters on Saturdays. Skaters - age 13+ 10:30-11:15 am BREAK Skaters - age 10-12 11:30-12:15 pm Skaters - age U10 12:15-1:00 pm Additional Off Ice listed below. ** Star/PJ Dance Teams Mon-Thurs (6:45-7:15p)
1:15-1:30pm						9:15-9:30am	
1:30-1:45pm						9:30-9:45am	
1:45-2:00pm						9:45-10:00am	
2:00-2:15pm	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	10:00-10:15am	
2:15-2:30pm	Day Ice / Pairs & Dance Teams 2:15-3:15 pm	Day Ice / Pairs & Dance Teams 2:15-3:15 pm	Day Ice / Pairs & Dance Teams 2:15-3:15 pm	Day Ice / Pairs & Dance Teams 2:15-3:15 pm	Day Ice / Pairs & Dance Teams 2:15-3:15 pm	10:15-10:30am	
2:30-2:45pm						10:30-10:45am	
2:45-3:00pm						10:45-11:00am	
3:00-3:15pm						11:00-11:15am	
3:15-3:30pm	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD	11:15-11:30am	
3:30-3:45pm	Gold 3:30-4:30 pm	Gold 3:30-4:30 pm	Gold 3:30-4:30 pm	Gold 3:30-4:30 pm	Star 8-10, Gold PreNov - Sr Seminar 3:30-4:45 pm	11:30-11:45am	
3:45-4:00pm						11:45-12:00pm	
4:00-4:15pm						12:00-12:15pm	
4:15-4:30pm						12:15-12:30pm	
4:30-4:45pm	Sr Silver 4:30-5:30 pm	Sr Silver 4:30-5:30 pm	Sr Silver 4:30-5:30 pm	Sr Silver 4:30-5:30 pm	Star 6, Juvenile Seminar 4:45-5:45 pm	12:30-12:45pm	
4:45-5:00pm						12:45-1:00pm	
5:00-5:15pm							
5:15-5:30pm							
5:30-5:45pm	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD		
5:45-6:00pm	JrBronze (5:45-6:45p) IFSA (6:00-6:45 pm)	JrBronze (5:45-6:45p) IFSA (6:00-6:45 pm)	JrBronze (5:45-6:45p) IFSA (6:00-6:45 pm)	JrBronze (5:45-6:45p) IFSA (6:00-6:45 pm)	Star 4-5, APP 2 Seminar 6:00-7:00 pm		
6:00-6:15pm							
6:15-6:30pm							
6:30-6:45pm							
6:45-7:00pm	Star/PJ Dance Teams	Star/PJ Dance Teams	Star/PJ Dance Teams	Star/PJ Dance Teams			
7:00-7:15pm	Jr Silver 7:00-8:00 pm	Jr Silver 7:00-8:00 pm	Jr Silver 7:00-8:00 pm	Jr Silver 7:00-8:00 pm	Star 1-3, APP 1 Seminar 7:00-8:00 pm		
7:15-7:30pm							
7:30-7:45pm							
7:45-8:00pm							

*Subject to changes

OFF ICE

Monday	Tuesday	Wednesday	Thursday
Sr Silver 3:30-4:30			
Gold 4:35-5:05 pm			
JrBronze & IFSA 5:05-5:35 pm	JrBronze & IFSA 5:00-5:30 pm	JrBronze & IFSA 5:00-5:30 pm	JrBronze & IFSA 5:00-5:30 pm
Jr Silver 5:35-6:30 pm			

NEW Session Levels:

Gold	Pre-Novice to Senior/ Gold Freeskate *
Sr Silver	Juvenile / Star 6- 10 Freeskate *
Jr Silver	Star 4-5 Freeskate *
JrBronze	Star 1-3 Freeskate *

* Competition level in combination with a scale of assessment points will be used to determine a skater's session level. More info coming.

** The above levels are an initial guideline only.