



# INTRODUCTORY FIGURE SKATING ACADEMY (IFSA)

## Fall 2024 PROGRAM SCHEDULE

This class is designed for skaters between the ages of 4 and 8 (boys aged 9) that show a natural affinity for figure skating. With a curriculum aimed at developing solid fundamentals in a fun, progressive and sequential manner, skaters are prepared for entrance into Skate Canada’s STARSkate or Competitive Skate Programs. Our coaches introduce figure skating specific skills to include edges and turns, beginning jumps and spins, performance, and off ice training.

Skaters **must** choose to skate **2 days per week** at minimum. A third skating day is recommended for accelerated progress.

**\*\*Skater must be 8 years old or younger (boys 9) as of July 1, 2024**

### IFSA Skating Days:

Includes: 30 minutes off ice class, 45 small group lessons on ice

<b>Wednesday IFSA</b>	Wednesday – Meadows Arena (2704-17 Street)	5:45-6:30 pm On-ice 6:40-7:10 pm Off-ice	September 11 – December 18, 2025 (15w)	\$322.50
<b>Thursday IFSA</b>	Thursday - Kinsmen Twin (1979-111 Street)	5:00 -5:45 pm On-ice 5:55-6:25 pm Off-ice	September 12 – December 19, 2024 (14w) <b>*OMIT Thurs October 31</b>	\$301
<b>Saturday IFSA</b>	Saturday – Confed Arena (11204-43 Avenue)	9:45-10:15am Off-ice 10:30-11:15 am On-ice	September 7 – December 14, 2024 (15w)	\$322.50
<b>Sunday IFSA</b>	Sunday – Confed Arena (11204-43 Avenue)	11:30-12:00 pm Off-ice 12:15-1:00 pm On-ice	September 8 – December 15, 2024 (15w)	\$322.50

#### \* IFSA Packages are pre-built as the following:

- Wednesday/Saturday - \$645
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- Thursday/Saturday - \$623.50
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\* You can add on a third individual day to any package

#### Important Dates:

- Parent Huddle Meeting (attend the one on your skater’s day) – Sat/Sun Sept 21/22
- Ice Fest Event – Nov 11 (registration by end of October)
- Performance Days (attend the one on your skater’s day) – Sat/Sun Dec 14/15
- Holiday Show (all skaters participate) – Friday December 20