



DSC 2024-2025 Season GRID Schedule (FINAL version)

August 26, 2024 to May 15, 2025

ON ICE SCHEDULE:

Nov 4/24	MONDAY	MONDAY	MONDAY	TUESDAY	TUESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY	THURSDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY							
	Kinsmen	Meadows	Confed	Confed	Meadows	Crestwood	Meadows	Meadows	Kinsmen	Confed	Confed		Confed	Confed							
6:15-7:45am	Kinsmen A	East Rink		T1 - Open Ice JrSilver to Gold Adults, Partners	East Rink		West Rink	Meadows	Kinsmen	R1 - Open Ice JrSilver to Gold Adults, Partners	F1 - Open Ice JrSilver to Gold Adults, Partners	7:00-7:15am	Sa1 - Jr Silver Seminar Spins								
																7:15-7:30am			7:30-7:45am		
																				7:45-8:00am	
1:00-1:15pm						M1 - Day Ice				T2 - Day Ice			W1 - Day Ice				R2 - Day Ice	F2 - Day Ice	8:00-8:15am	Sa2 - Jr Bronze	Su1 - Open Ice JrSilver to Gold Adults, Partners
1:15-1:30pm																			8:15-8:30am	Seminar	
1:30-1:45pm																PCS / CS			8:30-8:45am	Spins	
1:45-2:00pm																			8:45-9:00am	FLOOD	
2:00-2:15pm						FLOOD				FLOOD					East Rink		FLOOD	FLOOD	9:00-9:15am	Sa3- Sr Silver	
2:15-2:30pm						Group Dev't				Group Dev't			FLOOD		W5 - Open Ice JrSilver to Gold Adults, Partners	R5 - Open Ice JrSilver to Gold Adults, Partners	Group Dev't	F3 - Day Ice	9:15-9:30am	Seminar	FLOOD
2:30-2:45pm						M2 - Day Ice				T3 - Day Ice			W2 - Day Ice				R3 - Day Ice		9:30-9:45am	Spins	CS
2:45-3:00pm																			9:45-10:00am	Sa4 - Gold	
3:00-3:15pm																			10:00-10:15am	Spins	CS
3:15-3:30pm													T8 - Open Ice JrSilver to Gold Adults, Partners					FLOOD	10:15-10:30am		
3:30-3:45pm						FLOOD				FLOOD									10:30-10:45am	IFSA stroking	
3:45-4:00pm			Kinsmen A	East Rink		Group Dev't				Group Dev't			FLOOD		W6 - Sr Silver	FLOOD	FLOOD	F4 - Gold	10:45-11:00am	PCS / IFSA	
4:00-4:15pm			M9 - Jr Bronze	M7 Pairs/Dance		M3 - Gold				T4 - Gold/SrSil			W3 - Gold Edge			R6 - Sr Sil/Jr Sil	R4 - Sr Sil/Jr Sil		11:00-11:15am		FLOOD
4:15-4:30pm												Power Skating	Gold		Sr Silver Edge				11:15-11:30am	FLOOD	CS / ACS
4:30-4:45pm															FLOOD			F5 - Sr Silver	11:30-11:45am	CS / AdvCS	
4:45-5:00pm			Group Dev't									Gold/SrSil Group	T9 - Gold/SrSil						11:45-12:00pm		
5:00-5:15pm				M8 Pairs/Dance		FLOOD				FLOOD					W4 - Jr Bronze	W7 - Synchro 1 Star 8-Gold	IFSA stroking		12:00-12:15pm		FLOOD
5:15-5:30pm									W8 - Synchro 2 Star 4-6	PCS / IFSA		12:15-12:30pm		PCS / IFSA							
5:30-5:45pm			M4 - Sr Silver	T5 - Jr Bronze							FLOOD	12:30-12:45pm									
5:45-6:00pm						Power Skating	Group Dev't/IFSA	PCS /IFSA	W9 - Jr Silver Dance / Skills		F6 - APP	12:45-1:00pm		IFSA stroking							
6:00-6:15pm				Group Dev't					Jr Silver		F6a - T-APP	1:00-1:15pm									
6:15-6:30pm			Group Dev't	T6 - APP							F7 - Jr Bronze	1:15-1:30pm									
6:30-6:45pm			M5 - Jr Silver	T6a - T-APP								1:30-1:45pm									
6:45-7:00pm				T7 - Jr Silver							Group Dev't										
7:00-7:15pm			Jr Silver Edge																		
7:15-7:30pm																					
7:30-7:45pm																					
7:45-8:00pm			FLOOD						W9a - T-APP 6:00-6:30 pm												
8:00-8:15pm																					
8:15-8:30pm			M6 - Open Adult 16+ dance/partner																		
8:30-8:45pm																					
8:45-9:00pm																					

*Schedule subject to changes

OFF ICE SCHEDULE:

16-Jul-24	MONDAY	MONDAY	MONDAY	TUESDAY	TUESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY	THURSDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
	Kinsmen	Meadows	Confed	Confed	Meadows	Crestwood	Meadows	Meadows	Kinsmen	Confed	Confed		Confed	Confed
			Sr Silver Dance 4:15-5:00 pm						SPARK Juv+ / Star 6+ 4:00-5:00 pm				Jr Silver Fitness 8:15-8:45 am	
	JrBronze Off Ice 5:10-5:40 pm		Gold Dance 5:05-5:50 pm	Gold/SS Off Ice 5:15-6:00 pm			Gold Jump 5:15-5:45 pm	Sr Silver Jump 5:35-6:05 pm	SPARK Juv+ / Star 6+ 5:00-6:00 pm		Gold Flexibility 4:45-5:30 pm		Gold Fitness 8:45-9:30 am	
			Jr Silver Dance 5:50-6:20 pm	Jr Silver Off Ice 6:00-6:30 pm	Gold/SS Off Ice 6:15-7:00 pm		JrBronze Off Ice 6:15-6:45 pm	Jr Silver Jump 7:30-8:00 pm	*Separate Reg		APP Off Ice 5:00-5:30 pm		JrBronze Fitness 9:00-9:30 am	
				JrBronze Off Ice 6:30-7:00 pm							JrBronze Off Ice 5:30-6:00 pm		Sr SilverFitness 9:50-10:35 am	
				APP Off Ice 7:00-7:30 pm							Jr/Sr Silver Flex 5:45-6:15 pm			

*Schedule subject to changes

* **SPARK Conditioning** is run through the Bridge South & will have a separate registration which will be emailed out in August.