



# INTRODUCTORY FIGURE SKATING ACADEMY (IFSA)

## Winter 2025 PROGRAM SCHEDULE

This class is designed for skaters between the ages of 4 and 8 (boys aged 9) that show a natural affinity for figure skating. With a curriculum aimed at developing solid fundamentals in a fun, progressive and sequential manner, skaters are prepared for entrance into Skate Canada’s STARSkate or Competitive Skate Programs. Our coaches introduce figure skating specific skills to include edges and turns, beginning jumps and spins, performance, and off ice training.

Skaters **must choose to skate 2 days per week** at minimum. A third skating day is recommended for accelerated progress.

**\*\*Skater must be 8 years old or younger (boys 9) as of July 1, 2024**

### IFSA Skating Days:

Includes: 30 minutes off ice class, 45 small group lessons on ice

|                       |  |  |   |          |
|-----------------------|--|--|---|----------|
| <b>Wednesday IFSA</b> | Wednesday – Meadows Arena*<br>(2704-17 Street) | 5:45-6:30 pm On-ice<br>6:40-7:10 pm Off-ice    | January 8 – April 23, 2025 (15w)<br><b>*OMIT Wed March 26</b>                     | \$322.50 |
| <b>Thursday IFSA</b>  | Thursday - Kinsmen Twin*<br>(1979-111 Street)  | 5:00 -5:45 pm On-ice<br>5:55-6:25 pm Off-ice   | January 9 – April 24, 2025 (14w)<br><b>*OMIT Thurs February 13 &amp; March 27</b> | \$301    |
| <b>Saturday IFSA</b>  | Saturday – Confed Arena<br>(11204-43 Avenue)   | 9:45-10:15am Off-ice<br>10:30-11:15 am On-ice  | January 11 – April 26, 2025 (15w)<br><b>*OMIT Sat March 29</b>                    | \$322.50 |
| <b>Sunday IFSA</b>    | Sunday – Confed Arena<br>(11204-43 Avenue)     | 11:30-12:00 pm Off-ice<br>12:15-1:00 pm On-ice | January 12 – April 27, 2025 (15w)<br><b>*OMIT Sun March 30</b>                    | \$322.50 |

\* Note ALL Meadows & Kinsmen classes move to Confed after April 1

#### \* IFSA Packages are pre-built as the following:

- Wednesday/Saturday - \$645
- Wednesday/Sunday - \$645
- Thursday/Saturday - \$623.50
- Thursday/Sunday - \$623.50

\* You can add on a third individual day to any package

#### Important Dates:

- Parent Huddle Meeting (attend the one on your skater’s day) – Sat/Sun January 18/19
- Ice Fest Event – January 25 and April 13 (skaters will receive an email if they should register)
- Performance Days (attend the one on your skater’s day) – Sat/Sun Apr 26/27