



DSC Figure Skating, Summer 2

June 30 - August 1, 2025 (5 weeks)

Mar 24/25		Monday	Tuesday	Wednesday	Thursday	Friday				
8:00	8:15	Dance /PairTeams 8:00-9:00 am	Dance /PairTeams 8:00-9:00 am	Dance /PairTeams 8:00-9:00 am	Dance /PairTeams 8:00-9:00 am	Dance /PairTeams 8:00-9:00 am				
8:15	8:30									
8:30	8:45									
8:45	9:00									
9:00	9:15	Jr Bronze Group 9:00-9:30 am	Jr Bronze Group 9:00-9:30 am	Jr Bronze Group 9:00-9:30 am	Jr Bronze Group 9:00-9:30 am	Jr Bronze Edge/Theatre 9:00-10:00 am				
9:15	9:30									
9:30	9:45	FLOOD	FLOOD	FLOOD	FLOOD	Gold Edge/Theatre 10:15-10:45 am				
9:45	10:00	Jr Bronze 9:45-10:45 am Group Dev't	Jr Bronze 9:45-10:45 am Group Dev't	Jr Bronze 9:45-10:45 am Group Dev't	Jr Bronze 9:45-10:45 am Group Dev't		FLOOD			
10:00	10:15									
10:15	10:30									
10:30	10:45	Gold FS 10:45-11:45 am	Gold FS 10:45-11:45 am	Gold FS 10:45-11:45 am	Gold FS 10:45-11:45 am	Gold FS 10:45-11:45 am				
10:45	11:00									
11:00	11:15									
11:15	11:30									
11:30	11:45	FLOOD	FLOOD	FLOOD	FLOOD	Gold Skills/Dance 11:45-12:15 pm				
11:45	12:00									
12:00	12:15					Gold FS 12:00-1:00 pm	Gold FS 12:00-1:00 pm	Gold FS 12:00-1:00 pm	Gold FS 12:00-1:00 pm	SrSilver Skills/Dance 12:15-12:45 pm
12:15	12:30									
12:30	12:45	Gold / SrSilver Group 1:00-1:30 pm	Gold / SrSilver Group 1:00-1:30 pm	Gold / SrSilver Group 1:00-1:30 pm	Gold / SrSilver Group 1:00-1:30 pm	FLOOD				
12:45	1:00									
1:00	1:15					Sr Silver FS 1:30-2:30 pm	Sr Silver FS 1:30-2:30 pm	Sr Silver FS 1:30-2:30 pm	Sr Silver FS 1:30-2:30 pm	Sr Silver FS 1:00-2:00 pm
1:15	1:30									
1:30	1:45									
1:45	2:00	FLOOD	FLOOD	FLOOD	FLOOD	SrSilver Edge/Theatre 2:00-2:30 pm				
2:00	2:15									
2:15	2:30					Sr Silver FS 2:45-3:45 pm	Sr Silver FS 2:45-3:45 pm	Sr Silver FS 2:45-3:45 pm	Sr Silver FS 2:45-3:45 pm	Jr Silver FS 2:45-3:30 pm
2:30	2:45									
2:45	3:00	JrSilver Group Dev't	JrSilver Group Dev't	JrSilver Group Dev't	JrSilver Group Dev't	JrSilver Edge/Theatre 3:30-4:00 pm				
3:00	3:15									
3:15	3:30									
3:30	3:45									
3:45	4:00	Jr Silver FS 3:45-5:00 pm	Jr Silver FS 3:45-5:00 pm	Jr Silver FS 3:45-5:00 pm	Jr Silver FS 3:45-5:00 pm	Confed Arena Wk 1 - June 30-July 4 Wk 2 - July 7-11 Wk 3 - July 14-18 Wk 4 - July 21-25				
4:00	4:15									
4:15	4:30									
4:30	4:45									
5:00	5:15	FLOOD	FLOOD	FLOOD	FLOOD	Southside Arena Wk 5 - July 28-Aug 1				
5:15	5:30	Jr Silver FS 5:15-6:15 pm	Jr Silver FS 5:15-6:15 pm	Jr Silver FS 5:15-6:15 pm	Jr Silver FS 5:15-6:15 pm					
5:30	5:45									
5:45	6:00									
6:00	6:15	IFSA / PCS CS	IFSA / PCS CS	IFSA / PCS CS	IFSA / PCS CS					
6:15	7:00									
7:00	7:15									
7:15	8:00									

Wild Rose Skater Simulations: Tues July 15 - 2:45-5:45 pm at Callingwood A (17740-69 Avenue)

*Subject to changes

OFF ICE SCHEDULE

Apr 3/25	Monday	Tuesday	Wednesday	Thursday	Friday
	Gold - JUMP 10:00-10:30am	Gold - JUMP 10:00-10:30am	Gold - JUMP 10:00-10:30am	Gold - JUMP 10:00-10:30am	Gold - MOBILITY WU 9:30-10:00am
	Jr Bronze DANCE 11:00-11:45am	Jr Bronze JUMP 11:00-11:45am	Jr Bronze YOGA/STRENGTH 11:00-11:45am	Jr Bronze JUMP 11:00-11:45am	Jr Bronze - FLEXIBILITY 10:15-10:45am
	Sr Silver - JUMP 12:15-12:45pm	Sr Silver - JUMP 12:15-12:45pm	Sr Silver - JUMP 12:15-12:45pm	Sr Silver - JUMP 12:15-12:45pm	SrSilver -MOBILITY WU 11:30am-12:00pm
	Gold DANCE 1:45-2:30pm	Gold FITNESS 1:45-2:30pm	Gold YOGA 1:45-2:30pm	Gold FITNESS 1:45-2:30pm	Gold - FLEXIBILITY 12:30-1:00pm
	Jr Silver DANCE 2:45-3:30pm	Jr Silver JUMP 2:45-3:30pm	Jr Silver YOGA/STRENGTH 2:45-3:30pm	Jr Silver JUMP 2:45-3:30pm	JrSilver -MOBILITY WU 2:00-2:30pm
	Sr Silver DANCE 4:00-4:45pm	Sr Silver FITNESS 4:00-4:45pm	Sr Silver YOGA 4:00-4:45pm	Sr Silver FITNESS 4:00-4:45pm	Sr Silver - FLEXIBILITY 2:45-3:15pm
					Jr Silver - FLEXIBILITY 4:05-4:35pm