



INTRODUCTORY FIGURE SKATING ACADEMY (IFSA)

Fall 2026 PROGRAM SCHEDULE

This class is designed for skaters between the ages of 4 and 8 (boys aged 9) that show a natural affinity for figure skating. With a curriculum aimed at developing solid fundamentals in a fun, progressive and sequential manner, skaters are prepared for entrance into Skate Canada's STARSkate or Competitive Skate Programs. Our coaches introduce figure skating specific skills to include edges and turns, beginning jumps and spins, performance, and off ice training.

Skaters **must** choose to skate **2 days per week** at minimum. A third skating day is recommended for accelerated progress.

****Skater must be 8 years old or younger (boys 9) as of July 1, 2026**

IFSA Skating Days:

Includes: 30 minutes off ice class, 45 small group lessons on ice

Wednesday IFSA	Wednesday – Meadows Arena (2704-17 Street)	5:45-6:30 pm On-ice 6:40-7:10 pm Off-ice	September 9 – December 16, 2026; Omit Wed November 11	14 classes
Thursday IFSA	Thursday - Kinsmen Twin (1979-111 Street)	6:00-6:45 pm On-ice 6:50-7:20 pm Off-ice	September 10 – December 17, 2026	14 classes
Saturday IFSA	Saturday – Confed Arena (11204-43 Avenue)	9:45-10:15am Off-ice 10:30-11:15 am On-ice	September 6 – December 12, 2026	14 classes
Sunday IFSA	Sunday – Confed Arena (11204-43 Avenue)	9:45-10:30 am On-ice 10:35-11:05 am Off-ice	September 7 – December 13, 2026	14 classes

*** IFSA Packages are pre-built as the following:**

- Wednesday/Saturday
- Wednesday/Sunday
- Thursday/Saturday
- Thursday/Sunday

* You can add on a third individual day to any package
(contact our office to add a third day)

Important Dates:

- Save the Date: Ice Fest Event – Wed Nov 11 (registration by end of October)
- Performance Days (attend the one on your skater's day) – Sat/Sun Dec 12/13
- Holiday Show (all skaters participate) – Friday December 18